



COURSE OUTLINE: PNG238 - NURSING THEORY III

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Approved: Bob Chapman, Chair, Health

Course Code: Title	PNG238: NURSING THEORY III
Program Number: Name	3024: PRACTICAL NURSING
Department:	PRACTICAL NURSING
Semesters/Terms:	18F
Course Description:	This course will focus on assisting the learner to develop a holistic approach to nursing. A variety of approaches will be utilized and critical thinking strategies will be emphasized as the learner explores the care of individuals, families and/or groups experiencing or predisposed to acute physical and mental health challenges in a variety of life situations.
Total Credits:	4
Hours/Week:	4
Total Hours:	60
Prerequisites:	PNG111, PNG121, PNG127, PNG130, PNG131, PSY120
Corequisites:	PNG233, PNG234, PNG236
This course is a pre-requisite for:	PNG250, PNG252, PNG253
Vocational Learning Outcomes (VLO's) addressed in this course:	<p>3024 - PRACTICAL NURSING</p> <p>VLO 1 Communicate therapeutically with clients and members of the health care team.</p> <p>VLO 2 Assess clients across the life span, in a systematic and holistic manner.</p> <p>VLO 3 Plan safe and competent nursing care, based upon a thorough analysis of available data and evidence-informed practice guidelines.</p> <p>VLO 4 Select and perform nursing interventions using clinical judgment, in collaboration with the client and, where appropriate, the health care team, that promote health and well-being, prevent disease and injury, maintain and/or restore health, promote rehabilitation, and/or provide palliation.</p> <p>VLO 5 Evaluate the outcomes resulting from all interventions in the nurse-client interaction and modify the plan of care as required.</p> <p>VLO 6 Act equitably and justly with clients and members of the health care team.</p> <p>VLO 9 Practise in a self-regulated, professional and ethical manner, complying with relevant legislation and with the standards of both the regulatory body and the practice setting to provide safe and competent client care.</p>
Essential Employability Skills (EES) addressed in this course:	<p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>EES 4 Apply a systematic approach to solve problems.</p> <p>EES 5 Use a variety of thinking skills to anticipate and solve problems.</p>



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- EES 6 Locate, select, organize, and document information using appropriate technology and information systems.
- EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.
- EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.
- EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
- EES 10 Manage the use of time and other resources to complete projects.
- EES 11 Take responsibility for ones own actions, decisions, and consequences.

Course Evaluation:

Passing Grade: 60%, C

Books and Required Resources:

Medical-Surgical Nursing Care by Burke, K., Mohn-Brown, E, & Eby, L.
 Publisher: Pearson Edition: 4th
 ISBN: 9780133389784

Introduction to Maternity and Pediatric Nursing by Leifer, G.
 Publisher: Elsevier Edition: 7th
 ISBN: 9781455770151

Course Outcomes and Learning Objectives:

Course Outcome 1	Learning Objectives for Course Outcome 1
1. Describe the response of the individual to each stage of illness.	1.1 Research stages of illness. 1.2 Define sick role. 1.3 Participate in class activities pertaining to the impact of illness. 1.4 Examine the theories of self-concept including, identity, body image, self-esteem and roles. 1.5 Describe coping mechanisms used by individuals and families experiencing an acute health challenge. 1.6 Explore the nursing care and management of the client during the preoperative, intraoperative, and postoperative phase.
Course Outcome 2	Learning Objectives for Course Outcome 2
2. Utilize critical thinking strategies when assessing and implementing nursing care for individuals, families and groups experiencing or predisposed to common acute health challenges.	2.1 Assess risk factors and safety issues that predispose members of a population to develop common acute health challenges. 2.2 Determine the stage of illness being experienced. 2.3 Explain various types of acute health challenges and acute exacerbation of chronic health challenges associated with various systems including: Neurological: transient ischemic attack, cerebral vascular accident, head injury, spinal cord injury Cardiovascular: coronary artery disease, angina, myocardial infarction, hypertension, shock, peripheral arterial and venous disease, heart failure, atrial fibrillation Respiratory: upper and lower respiratory infections (respiratory syncytial virus, rhinitis, sinusitis, pharyngitis, tonsillitis, pneumonia), chest trauma Gastrointestinal: bowel obstruction, pancreatitis, appendicitis, cholecystitis



	<p>Genitourinary: renal calculi, renal failure</p> <p>Reproductive: endometriosis, benign prostatic hypertrophy, infertility, complications of pregnancy (hyperemesis gravidarum, placenta previa, abruption placenta, ectopic pregnancy, abortion, pregnancy induced hypertension)</p> <p>Musculoskeletal: fractures</p> <p>Fluid, Electrolyte, or Acid-Base Balance: deficient fluid volume, fluid volume excess, sodium imbalance, potassium imbalance, calcium imbalance, magnesium imbalance, phosphorus imbalance, metabolic acidosis, metabolic alkalosis, respiratory acidosis, respiratory alkalosis</p> <p>Integumentary: burns</p> <p>Mental Health: psychosocial challenges, anxiety, crisis</p> <p>2.4 Explore client and family perception of the illness and the impact of the illness and proposed treatment.</p> <p>2.5 Identify possible client stressors and their available support systems, (financial, emotional, psychological, social, religious) as they deal with the impact of an acute health care problem.</p> <p>2.6 Assess client and family's knowledge of the acute health challenge.</p> <p>2.7 Establish client's cultural background and their knowledge and belief system.</p> <p>2.8 Determine client's developmental stage and lifestyle.</p> <p>2.9 Ascertain client's coexisting medical conditions and medication regime.</p>
Course Outcome 3	Learning Objectives for Course Outcome 3
3. Plan interventions based on assessments, goals and expected outcomes of individual, families and groups experiencing or predisposed to common acute health challenges.	<p>3.1 Collaborate with client, family and health team members to determine a plan of care.</p> <p>3.2 Integrate knowledge of pathophysiology, principles of teaching and learning, medications, diagnostic tests, and medical interventions when planning basic to advanced nursing care for client.</p> <p>3.3 Incorporate knowledge of cultural background, values and beliefs, developmental stage and lifestyle into the client care plan.</p> <p>3.4 Explore current evidence-based practice when applying the nursing process to clients and families experiencing an acute or exacerbation of a chronic health challenge.</p> <p>3.5 Consider the determinants of health when applying the nursing process to clients and families experiencing an acute health challenge or exacerbation of a chronic health challenge.</p>
Course Outcome 4	Learning Objectives for Course Outcome 4
4. Explore caring strategies, to promote coping by the individual, family or group with an acute health challenge.	<p>4.1 Appraise client and family concerns.</p> <p>4.2 Identify advocacy issues and follow-up as required/requested by client and family.</p> <p>4.3 Support clients and families to identify appropriate resources within the community.</p> <p>4.4 Plan nursing interventions collaboratively with client and family.</p> <p>4.5 Examine approaches for working with clients to ensure cultural safety and sensitivity.</p>



Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight	Course Outcome Assessed
Complications of Pregnancy Quiz	5%	2,3,4
Perioperative Quiz	5%	1,2
Reflective Case Study Submissions	5%	2,3
Test 1	25%	1,2,3,4
Test 2	30%	2,3,4
Test 3	30%	2,3,4

Date:

July 9, 2018

Please refer to the course outline addendum on the Learning Management System for further information.

